

Thanks for Your Salvation



CALMING

I trust in your unfailing love;
my heart rejoices in your salvation.

PSALM 13:5

CENTERING

Imagine a cross standing in a dark place. You can see the vague outline of a figure on the cross. Now light fills the area, illuminating the cross, but no one is on the cross. Contemplate the light-bathed empty cross for a few moments.

PRAYING

The cross is empty.

Dear Lord, you endured suffering and humiliation; you went through the agony of loneliness

and despair and left an empty cross.

Because you willingly died for the sins of the world, Christ Jesus, I am saved and redeemed, made right with God, forgiven and whole. Because you did that, I can call myself a Christian.

I can't imagine what my life would be like without you, Christ Jesus. Not just these moments that we spend together,
but every single waking,
breathing,
thinking
moment of my life.

You are so much a part of who I am, how I feel and think, how I believe, and what I do that to imagine not having you here is impossible.

I don't know how to thank you, dear Jesus, for this wonderful gift of my salvation. I can't begin to express how I feel when I realize what you did for me—not just for everyone else in the world, but for *me!*

How incredibly awesome the thought, that the Son of God would die for me.

Thank you, Jesus, for our walk together,
for the distance we've already come,
for the road that lies ahead.

Today I put myself into your hands. In doing

so, I acknowledge that you are my salvation
and, because of an empty cross, I belong to you.

LISTENING

I give them eternal life, and they shall never per-
ish; no one can snatch them out of my hand.

JOHN 10:28

RETURNING

Continue to think about the empty cross and its
implications for your life.