



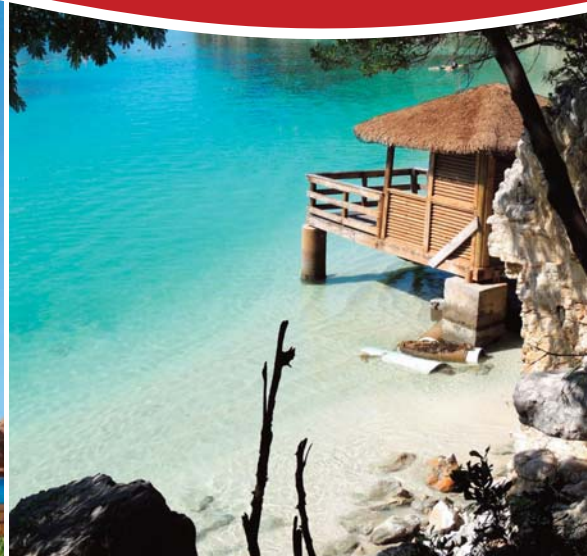
Educational Opportunities Tours



# *My Quiet Spaces* **Retreat at Sea**

*with Guest Speakers Patricia Wilson, Jane Herring, Hilda R. Davis, J. Dana Trent,  
Kristen E. Vincent, and Linda Furtado*

4 Nights - Jan. 25 - 29, 2018





## My Quiet Spaces Cruise

Join us for the first *My Quiet Spaces* cruise event—a retreat designed for Christian women. Engage your mind, body, and spirit through music, creative writing, meditation, movement, and prayer. Gather with other women who are seeking a time of renewal and connection with God. Relax in the warmth of the Caribbean while enjoying the comforts and activities of the ship, beaches, and ports with Christian friends new and old.



### Royal Caribbean’s Brilliance of the Seas

Meet Brilliance of the Seas®. With acres of glass enclosing the nine-story central atrium, elevators facing the sea, and floor-to-ceiling windows throughout, you’ll never be at a loss for an incredible view. Bask at the tranquil Solarium pool, recharge at VitalitySM Spa, or climb our rock-climbing wall. When the sun goes down, the night heats up with Broadway-style shows and entertainment.

### Tampa, Florida

Treasure awaits in Tampa Bay! Tampa Bay is a vibrant region that takes pride in its rich, cultural heritage. Visitors can experience delicious culinary cuisine, serene river excursions, thrilling attractions, and exceptional shopping.

### Cozumel, Mexico

The Conquistadors first saw Mexico from the shores of Cozumel while searching for gold. Today, visitors to the island continue to seek out gold and silver jewelry in the shops of San Miguel while having a great time in its many local shops and restaurants. Plus, the waters around Cozumel’s sheltered coral reefs make this one of the best snorkeling areas in the world.

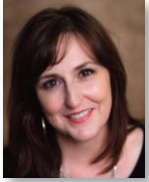
### ITINERARY

Date	Port	Arrive	Depart
January 25	Tampa, Florida		4:00 PM
January 26	At Sea		
January 27	Cozumel, Mexico	8:00 AM	6:00 PM
January 28	At Sea		
January 29	Tampa, FL	7:00 AM	





**Patricia Wilson**, the author of *Quiet Spaces*, spent many years as a professional motivational speaker and has worked in pastoral and palliative care. She writes on a variety of subjects including inspirational themes, coping with change, and short mystery stories. Her other books include *When You Come Unglued*, *Stick Close to God* and *Freedom from Worry*.



**Jane Herring** is a Presbyterian pastor who has also taught college literature courses. She leads contemplative retreats on prayer, meditation, and using writing in prayer and spiritual formation. Jane is the author of *One Day I Wrote Back*.



**Hilda R. Davis** believes women are sacred beings, beloved of God, who deserve healthy lives full of joy and purpose. As an integrative health therapist, coach, and counselor, she aims to be a guide on the wellness journey for all women. She uses art, meditation, storytelling, and music as therapy tools. Hilda is the author of *Live Healthy and Be Well*.



**J. Dana Trent** graduated from Duke Divinity School and has worked in higher education administration, nonprofit fundraising, and hospital chaplaincy. She is now a full-time writer, speaker, and teacher. She is the author of *Saffron Cross* and an upcoming book on keeping the sabbath.



**Kristen E. Vincent** is a retreat leader and author of *A Bead and a Prayer: A Beginners Guide to Protestant Prayer Beads* and two related prayer bead books. She is a graduate of Duke Divinity School and The Upper Room's Academy for Spiritual Formation.



**Linda Furtado** is a woman on a mission to express her creativity in daily life through writing, photography, music, and art. She is a wife, mother, and seminary student. Linda is on staff at The Upper Room.

## Workshop Descriptions

### Using Music to Connect with Your Spiritual Self with Patricia Wilson

One of the challenges of prayer is learning how to disconnect from your worldly self and connect to your spiritual self. Music acts as a gateway to that inner place—but not just any music. Through the use of the Native American flute, Patricia Wilson will demonstrate how music can aid your prayer life.

### Interacting with Scripture through Creative Writing with Jane Herring

In this workshop, you will interact with scripture, write your own prayers and psalms, and go home with writing exercises that will help you continue deepening your relationship with God. No writing experience is required!

### Renew Your Body, Mind, and Spirit through Self-Care with Hilda R. Davis

Do you find yourself placing your own self-care at the end of your long to-do list? Renew yourself through mind, body, and spirit activities designed to integrate easily into your daily lifestyle. You will go home with your personal self-care plan and a 30-day follow-up to inspire you to keep going.

### Be Still: Introduction to Meditation and Contemplative Prayer with J. Dana Trent

Do you long for more inner peace? This workshop offers basic tools for beginning a meditation and/or contemplative prayer practice. You will engage in short practice sessions, reflect, and share your experiences. At the conclusion of this session, you will have the tools you need to establish a regular meditation and/or contemplative prayer habit at home.

### Finding Quiet Spaces with Prayer Beads with Kristen Vincent

In this workshop, you will explore ways to use prayer beads to relax and listen to God's still small voice. The sight of prayer beads draws you into a sense of calm and quiet, the feel of the beads reminds you of God's presence within the quiet, and the path of the beads invites you to breathe deeply.

### Every Step a Prayer with Linda Furtado

If you are interested in building your relationship with God while walking, this workshop is a step in the right direction. Pray and praise God as you walk and learn how to fill your day with worship by making every step a prayer.



## CRUISE PRICING

N - Inside Stateroom	\$399*
I - Oceanview Stateroom	\$499*
H - Oceanview Stateroom	\$499*
E3 - Balcony Stateroom	\$599*
E2 - Balcony Stateroom	\$599*

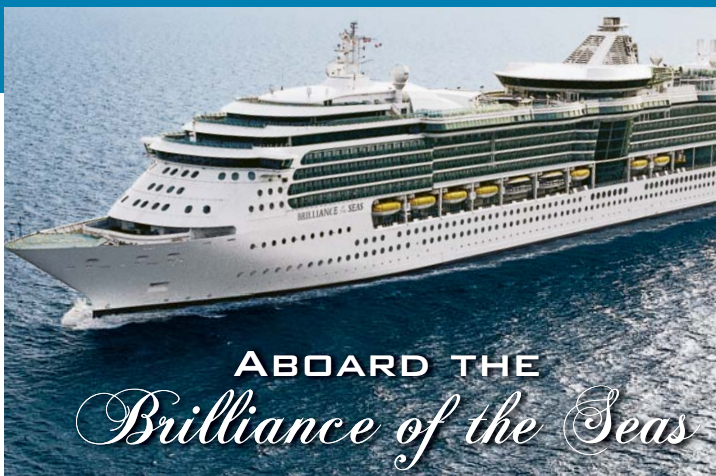
Prices are per person, based on double occupancy.

If you do not have a roommate, EO will try to match you with one.

Prices Include: \$71 Government Tax & \$110 Port Charges & Program Fees

Not included in price: Airfare, Gratuities & Shore Excursions

\*All prices reflect a 4% cash discount



**TRAVEL REGISTRATION FORM**

Mail to: **EO Tours** • P.O. Box 6098, Lakeland, FL 33807-6098  
863-648-0383 • email: [eo@travelwithus.com](mailto:eo@travelwithus.com)

**Host:** \_\_\_\_\_ **ID#:** \_\_\_\_\_

**Departure City:** \_\_\_\_\_ **Departure Date:** 01/25/18 (U)

**Passenger Names:** (as they appear on your passport)

**Legal Name:** \_\_\_\_\_ **Title:** \_\_\_\_\_

**Birth date:** \_\_\_\_/\_\_\_\_/\_\_\_\_ **State of Birth:** \_\_\_\_\_

**Passport #:** \_\_\_\_\_ **Issue Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Place of Issue:** \_\_\_\_\_ **Exp. Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Preferred Name:** \_\_\_\_\_ **Sex:**  Male  Female

**Email:** \_\_\_\_\_  Send me emails about my trip/EO promos

**Legal Name:** \_\_\_\_\_ **Title:** \_\_\_\_\_

**Birth date:** \_\_\_\_/\_\_\_\_/\_\_\_\_ **State of Birth:** \_\_\_\_\_

**Passport #:** \_\_\_\_\_ **Issue Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Place of Issue:** \_\_\_\_\_ **Exp. Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Preferred Name:** \_\_\_\_\_ **Sex:**  Male  Female

**Email:** \_\_\_\_\_  Send me emails about my trip/EO promos

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip Code:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Alt. Phone:** \_\_\_\_\_

**Roommate(s):** \_\_\_\_\_

**If No Roommate:**  Try to Match Me  Single Room (availability limited)

**Emergency Contact:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Alt. Phone:** \_\_\_\_\_

**Cabin Selection:**  Inside Stateroom (N)  Oceanview Stateroom (I)

Oceanview Stateroom (H)  Balcony Stateroom (E3)  Balcony Stateroom (E2)

Alternate: \_\_\_\_\_ (Required, only used if 1<sup>st</sup> choice is unavailable)

**Travel Protection Plan:**

- I/We Accept  
 I/We Decline

**Important Information Regarding Travel Protection:**

- Travel Protection coverage cannot be added after you have paid in full.
- Premium is based on TOTAL cost of trip and is non-refundable.
- Coverage begins when your premium payment is received by EOT (separate from deposit & clearly designated as your travel protection premium).
- Premium must be paid in full by 09/27/17.

**FULL DEPOSIT OF \$200 PER PERSON REQUIRED**

**Final Payment Due 09/27/17.**

**Payment:**  \$200 (per person)  Other Amount \$ \_\_\_\_\_

**Check #** \_\_\_\_\_ (Payable to Educational Opportunities Tours)

**To Register via Credit Card, you must go to [www.eo.travel/gig](http://www.eo.travel/gig)**

By signing below, I/we certify that I have read the "Fine Print" understand its content, and agree to its terms including but not limited to the potential for price increases that may apply before payment in full has been received as set forth in the "Fine Print" and potential price increases after payment in full has been received due to government imposed taxes and fees.

**Signature:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Tour:** **CC18** **Date:** **012518** **Code:** **U** 10/11/16

**Travel Protection Plan  
Premium Rates For This Cruise**

Trip Cost	Plan Cost	Trip Cost	Plan Cost
\$ 0 to \$1000	..... \$ 99	\$4501 to \$5000	..... \$499
\$1001 to \$1500	..... \$149	\$5001 to \$5500	..... \$549
\$1501 to \$2000	..... \$199	\$5501 to \$6000	..... \$599
\$2001 to \$2500	..... \$249	\$6001 to \$6500	..... \$649
\$2501 to \$3000	..... \$299	\$6501 to \$7000	..... \$699
\$3001 to \$3500	..... \$349	\$7001 to \$8000	..... \$799
\$3501 to \$4000	..... \$399	\$8001 to \$9000	..... \$899
\$4001 to \$4500	..... \$449	\$9001 to \$10,000	..... \$999

**Schedule of Coverages**

Part A * Benefits provided by EOT	Maximum Benefit
Trip Cancellation	..... Trip Cost
Part B Benefits provided by United States Fire Insurance Co.	
Accidental Death & Dismemberment	..... \$25,000
Medical Expense / Emergency Assistance	..... \$50,000
Trip Interruption	..... Trip Cost
Travel Delay (Up to \$100 Per Day)	..... \$500
Missed Connection	..... \$500
Baggage and Personal Effects	..... \$1,000
Baggage Delay	..... \$100

\*For New York Residents Only: Part A Benefits are travel arrangement benefits underwritten by United States Insurance Company.

For a full description of the plan, go to [www.tripmate.com/wpF429E](http://www.tripmate.com/wpF429E)

**Conditions and Limitations**

This is a brief description of the plan available for all Travel Protection sales for Trips departing January 1, 2013 and after. Certain exclusions and limitations apply and are detailed in the Certificate of Coverage. For example, coverage does not apply to: any Sickness or condition of you, a Traveling Companion or a Family Member traveling with you that existed during the 60 days prior to the effective date of the coverages (The Pre-Existing Condition Exclusion is waived if payment for this plan is received by Educational Opportunities Tours, Inc. at or before the final payment due date for Your Trip or 105 days before departure date, whichever occurs first), suicide, normal pregnancy, war or any act of war. Other Covered Reasons, as defined, includes the following events or their consequences: Cancellation or Interruption of your Trip due to: Inclement Weather, unannounced Strike, mechanical breakdown that causes complete cessation of services of Your Common Carrier for at least 12 consecutive hours; a documented traffic accident while en route to departure; being hijacked or quarantined; jury duty; destruction of your home or destination by fire, flood, burglary or natural disaster; being called to the emergency service of government to provide aid or relief in the event of a natural disaster; a documented theft of passports or visas; a transfer of employment of 250 miles or more; or Revocation of military leave. For further information ask for the Certificate of Coverage which fully details the coverages, provisions, limitations and exclusions of the plan offered and is available to you, upon request, at any time prior to your purchase of the plan. This plan is underwritten by: United States Fire Insurance Company, Eatontown, NJ. Benefits are administered by: Trip Mate, Inc., 9225 Ward Parkway, Suite 200, Kansas City, MO, 64114, 1-800-888-7292 (\*in CA, dba Trip Mate Insurance Agency).

**THE FINE PRINT**

**INCLUDED IN PRICE:**

- Cruise
- Deluxe cruise accommodations (based on double occupancy)
- All meals on ship
- Port charges \$110
- Government taxes - \$71
- Program fees

**NOT INCLUDED IN PRICE:**

- Air and ground transportation to/from the Port of Tampa
- Gratuities (paid onboard)
- Optional Travel Protection Plan (see premium schedule)
- Optional Sightseeing and Shore Excursions
- Miscellaneous fees such as individual transfers, visa, passports, laundry, meal beverages, excess baggage, and other items of personal nature
- Alternative restaurants that have additional fees
- Any increase in taxes and/or fees imposed after the publication of this information
- \$100 Document fee for Non-US and Non-Canadian residents
- Additional fuel surcharges which may be imposed by cruise line and other suppliers  
If applicable, fuel surcharges will be paid by the passenger

**ACCOMMODATIONS:**

Prices are per person based on double occupancy. While EOT will try to match roommates, EOT cannot guarantee one will be available. Roommates may be assigned as late as 35 days prior to departure. If one is not available or you request a single room/cabin, the single room/cabin charge applies: 200% of Cabin Fare.

**PAYMENT:**

All prices reflect a 4% cash discount for full payment via check. A full deposit of \$200 per person is required. Travel Protection Premiums must be paid by the final payment date for coverage to be in effect. Final payment for trip is due 09/27/17. Thereafter, a late payment fee of \$100 will be assessed.

**REGISTRATIONS RECEIVED AFTER 09/27/17:**

We welcome registrations after 09/27/17. Registrations received after this date may incur an additional fee based on cruise availability. Additional fees will be advised upon registration.

**CANCELLATION FEES:**

The optional Travel Protection Program covers 100% of Cancellation Fees, provided premium has been paid and reason for cancellation is insurable. Those who do not take travel protection should be aware of the of the following cancellation penalties: From Day of registration to 121 days prior to departure, you will be charged a \$100 non-refundable cancellation fee. Additionally, thereafter, you will be charged a single room supplement if your cancellation forces your roommate into a single plus the following charges also apply: 120-61 days prior to departure = \$200; 60-31 days prior to departure = 50%; 30 days prior to departure to day of departure = 100% of cost. Cancellation must be submitted in writing. On or after day of departure, no refund for any services not used.

**PRICE INCREASES**

All prices quoted in this brochure are subject to change prior to payment in full due to currency fluctuations, fuel surcharge increases, government taxes and fees increases or unforeseen circumstances. In addition, you may be subject to a price increase after payment in full has been received due to potential government imposed taxes and fees.

**DEVIATIONS:**

Deviations from the standard tour program must be submitted in writing and are subject to additional airline fees, if applicable. Transfers for passengers who deviate are not included.

**ITINERARY CHANGES:**

Every effort has been made to ensure the accuracy of this information; however, the order of itinerary and number of days may be altered to accommodate changes in cruise schedules and weather. The cruise line has the ultimate control over your voyage and may, without notice, alter the length of the cruise and the order of and/or inclusion of ports. EOT is in no way responsible for these changes and does not make reimbursement for such changes.

**PREGNANCY/INFANT REGULATIONS**

As to pregnancy, a woman cannot have begun her 24th week of pregnancy at any time before or during the cruise. If you are pregnant, please provide a medical note upon arrival at the pier for check-in from your physician stating your expected due date and medical fitness to travel. If you are in the 24th week or have completed it you will not be allowed to board. Because of the limited medical facilities, infants must be at least 24 weeks (6 months) of age on the first day of the cruise.

**VALIDITY DATE:**

This brochure is valid until 12/11/16. If validity date has passed, current brochures may be found at [www.eo.travel/gig](http://www.eo.travel/gig). Registrations will still be accepted after the validity date.

**RELEASE INFORMATION**

Payment of deposit indicates permission for EOT or its agents to record the registrant's participation and appearance on video tape, audio tape, film, photograph, or any other medium and to use the registrant's name, likeness, voice, comments, submitted documentation, written papers, and/or biographical material without restrictions or limitation for any advertising, marketing, publicity, educational or promotional purpose which EOT or its agents deem appropriate, unless the registrant or guardian otherwise notifies EOT in writing prior to departure.

Except where otherwise stated, EOT acts only as agent for the relevant supplier in securing hotels, transportation and other travel services and in no event shall EOT be liable for failure by any such supplier to render any transportation, lodging or other travel service to be provided on the tour. EOT assumes no liability for injury, death, damage, loss, theft, accident, delay or irregularity which may occur by reason of any negligent or willful act or omission of any suppliers of service. EOT does not own or operate any of the suppliers of services to your tour. Similarly without limiting the foregoing, passenger agrees to hold EOT harmless for any defect in any vehicle, plane, boat, bus, car, van or other vehicle, act of war or insurrection, terrorist activity, revolt or other civil uprising, military action, strikes or labor unrest or any Act of God or for any other act of any third party. Florida law will be applicable to any dispute which arises out of or concerns this brochure or your tour. Any and all litigation must be brought only in and for courts in Polk County, Florida to the exclusion of litigation anywhere else in the world.

Enrollment in and payment of deposit constitutes your acceptance of the "Fine Print." Educational Opportunities Tours is the tour operator and is solely responsible for the travel program. Educational Opportunities Tours is registered with the State of Florida as a Seller of Travel. Registration No. ST24130. CST2027682-40